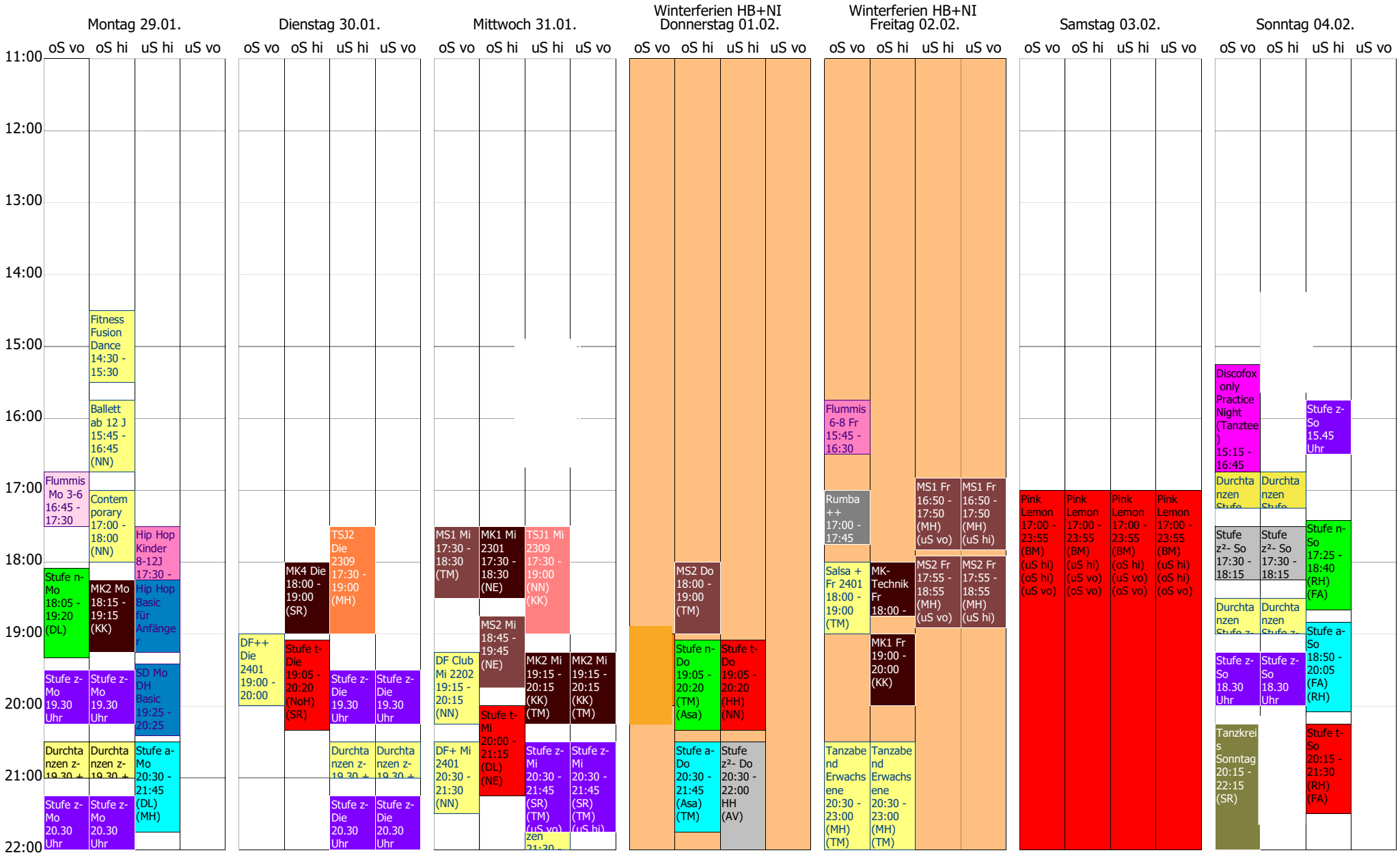Wochenplan ab 29.01.2024 (KW 5)